

Sit down, be humble: Leaders can learn

Commentary by Col. Casey Bartholomew

60TH CIVIL ENGINEER SOUADRON

f I asked you to give me a list of words describing qualities you admire in a leader, what would be on it? Perhaps honest, selfless, competent, dedicated, courageous, charismatic or empathetic would make the list.

What about humble? A word synonymous with others like meek, submissive, modest or undistinguished couldn't possibly be on your list of top leadership qualities. After all, who wants to follow an undistinguished leader? I do, and here are a few reasons why.

First, showing some humility while interacting with others makes a leader more

ly better able to establish mutual trust. Having been part of many leadership teams within various organizations, I firmly believe people will only take advantage of the open door pol-

approachable and ultimate-

icy if they feel like the person offering the opportunity is approachable and genuine in their offer. I know I personally have a hard time bringing up an issue to someone that I perceive as not having the time or not really interested in my perspective to begin with. Leaders want their subordinates to be comfortable bringing up problems or sharing thoughts on how to make things bet-

ter. A dose of humility goes a

long way in enabling an envi-

ronment of mutual trust where

Commander's Commentary

that open feedback is possible. Another reason humble makes my list is because, by definition, a modest person refuses to seek out the limelight and take personal credit for an organization's success. A humble leader is quick to share or deflect the praise among others within the organization, encouraging a team-first mentality. An organization that fosters a culture of teamwork will always outperform one that strictly focuses on individual recognition or gain. A dose of humility goes a long way in fostering teamwork across an

organization.

with is the fact that a humble leader doesn't pretend to know it all. I don't think anyone has the ability to know everything especially in an organization as diverse as the U.S. Air Force. I would assert that successful leaders are humble enough to acknowledge the fact that they don't know everything and therefore place their trust and confidence in others that do. By doing so, a leader empowers others within the organization to be the best at whatever role they are placed in. I can say from my experience that when I feel empowered, I am quick to take responsibility for whatever task is at hand and will do my best not to disappoint.

A dose of humility goes a long The last reason I'll leave you way in empowering individuals across an organization.

I hope by sharing this, I've at least made you think about humility as a positive leadership trait. One last thing I'll offer is this excerpt from Simon Sinek's book "Leaders Eat Last" - "When a leader has the humility to distribute power across the organization, the strength of the company becomes less dependent on one person and is thus better able to survive. In this model, instead of trying to commandand-control everything, the leaders devote all their energy to training, building and protecting their people so that the people can command and control any situation themselves."

Good things can come through stressful times

Commentary by **Chief Master Sgt. Jason Elftmann** 60TH CIVIL ENGINEER SQUADRON

eing 34 days from my upcoming retirement, I have spent some ing remement, I have a time recently looking back on my career thinking about events that helped develop me into who I am today. I've grown quite a bit since I was an airman basic at Royal Air Force Lakenheath, U.K., in 1995.

A significant number of events came to mind quickly with many being good and an equal number that were not so

Chief's Commentary

good. As I looked closer at each event. I realized they all caused me a good amount of stress.

One stress event I analyzed that truly stands out is a deployment to Iraq in 2007. I was a team leader of a multicraft team tasked with construction of a forward operating base in the middle of nowhere. I was initially told all materials necessary would be on the ground when we arrived via rotary wing and would have 10 weeks to complete the

project. My team and I developed a task list and the timeline soon stretched to 14 weeks. I realized we needed more engineers to meet the deadline. The task force commander was quick to tell me no other manpower was available and I had to figure it out.

Fast forward three days and my crew was told that no aircraft were available and convoying was the only option. We convoyed for about five hours to FOB Hunter. Shortly after we arrived, I found a small fraction of construction materials. My boss kept telling me to figure it out and make do with what was available. Missing the deadline was not an option.

At this point, I began construction hoping, as we pressed forward, materials would arrive and we would stay close to schedule. Three weeks into the project we completed 30 tents and the sub-surface infrastructure was in place. I started to feel comfortable with our progress. Late one night. I was notified the timeline had been pushed forward 10 days. The commander was pushing me more each day and wanted frequent

See ELFTMANN Page 25

Tailwind

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Table of contents

Commentaries The Flip Side 15/18 16-17 Cover story 20-21 Worship services Classifieds 27-29 **Parting Shots**

On the cover Staff Sgt. Dan Nebel, a french hornist with the Commanders Jazz Ensemble of the USAF Band of the Golden West, performs Dec. 1, 2017 at the **Vacaville Performing Arts** Theater in Vacaville, Calif.

U.S. Air Force photo/Louis Briscese

JANUARY 19, 2018

60th MXS dedicates room to former chief

Airman 1st Class Christian Conrad 60TH AIR MOBILITY WING

The life of late-Chief Master Sgt. George R. Tucker is a storied one.

Born April 22, 1937, Tucker was the 14th of Mr. and Mrs. Leonard Tucker's 15 children.

From the outset of his development into a chief master sergeant, Tucker was a hard work-

"He was very much a 'get it done' kind of guy," said Sgt. Maj. James Marinucci, Tucker's grandson. "If there was ever a committee someone needed to take the lead on, he would be the one everyone would just naturally look to. He was known for good work, and he would always deliver on

Despite a rocky start to his enlistment where he found himself taking an additional detail heading his squadron mailroom at then-Schilling Air Force Base, Kansas, Tucker would eventually find himself serving overseas in Greenland, Germany, England and France as noncommissioned officer in charge of the shops he worked in.

A rubber products repairman by trade, Tucker's hard work finally paid off, when in 1964, he was assigned to the 60th Maintenance Squadron at Travis AFB where he sitions such as survival equipment shop superintendent, fabrication branch chief, field



Michelle Marinucci, daughter of Tucker, center, and Sgt. Maj. James Marinucci, grandson of Tucker, look on. Both Anderson and Tucker were assigned to Travis in 1964 and spent many years working together.

tendent and, finally, senior enlisted advisor to the 60th Military Airlift Wing commander. held many key leadership po- a position Tucker would hold until his retirement in January 1985.

particular, his contributions to the 60th MXS that the decision was made to immortalize his legacy through the rededicating of the 60th MXS heritage room, said Master Sgt. Dominic R.

maintenance squadron superinto the U.S. Air Force and, in section chief of aircraft metals technology.

"When it comes to the culture of the U.S. Air Force, Chief Tucker was a cultural icon," said Durgin Rodriguez. "If there was ever a hall of fame It was Tucker's contributions Durgin Rodriguez, 60th MXS for an enlisted man, all anyone

would have to do is take a look around this heritage room and they'd be in it. It's been an honor for us, the 60th MXS, to bring Chief Tucker back home."

The heritage room went

See ROOM Page 24



Name: Airman 1st Class Jeremy Chean.

60th Comptroller Squadron

Duty title: Customer service echnician.

Time in service: One year. Family:

Sacramento, California,

Hometown:

None.

What are your goals? To become a commissioned officer in the Air Force.

What are your hobbies? Playing sports.

What is your greatest achievement?

Earning a master's degree in business administration from Sacramento State

4 TAILWIND TRAVIS/AIR FORCE **JANUARY 19, 2018 JANUARY 19, 2018** TRAVIS/AIR FORCE



U.S. Air National Guard photo/Staff Sgt. Colton Elliott

The 380th Air Expeditionary Wing in concert with coalition, joint, and interagency partners, delivers decisive air, space and cyberspace capabilities as directed by USAFCENT in support of USCENTCOM, ally nations and the United States of America.

Forces end boon year against ISIS

Editor's note: Information contained within this article was provided by U.S. Air Forces Central Command Public Affairs to include statistics and a summary of operations conducted in July.

60th Air Mobility Wing Public Affairs Staff Report

December marked crowning achievement in the fight against the Islamic State in Iraq and Syria with Iraqi Prime Minister Haider al-Abadi announcing the and 788 million pounds of complete liberation of Iraq on Dec. 10, 2017.

According to Lt. Gen. Jeff Harrigian, U.S. Air Forces Central Command commander, the Iraqi Security Force-led advance against ISIS was significantly enabled by the asymmetric advantages provided by a Coalition airpower team of 21,000 Airmen and more than 300 aircraft from 21 nations.

Throughout December, liberation of Raqqah in late discipline in the most commobility crews delivered more than 3,280 tons of cargo and completed delivery of all required MaxxPro Mine Resistant Ambush Protected vehicles.

The synchronized air-

power provided in 2017 to both Iraqi Security Forces and Syrian Democratic Forces included more than 200,000 hours of manned and unmanned intelligence, surveillance and reconnaissance missions, nearly 40,000 weapons employed, fuel dispensed in support of approximately 20,000 sor-

Throughout the complex fight in 2017, Coalition airpower decimated ISIS' oil production capacity with a deliberate campaign that eliminated 90 percent of the revenue ISIS used to wage war and recruit and retain a fighting force.

Following the SDF's men to exercise increased

October, dynamic airstrikes enabled the SDF and ISF to advance along the Middle Euphrates River Valley towards one another, squeezing the remnants of ISIS into a pocket on the Iraq-Syria

Following victories in the major urban fights of Mosul. Raggah, Tal Afar and elsewhere, weapon releases in December dropped to 584 - the lowest levels since the first month of the Operation Inherent Resolve campaign in August 2014. The continued decrease in weapons released further demonstrates the positive results of OIR's intense air campaign to target and annihilate ISIS.

As the Coalition retained its focus on defeating ISIS, the shrinking pocket of ISIS resistance presented additional deconfliction challenges in December. requiring Coalition Air-

plex, dynamic and congested airspace of the conflict. Russian and Syrian aircraft frequently conducted operations that didn't match what was agreed to through deconfliction channels, resulting in several intercepts and near collisions between Coalition and Russian and Syrian aircraft.

Despite these challenges, the Coalition continued to leverage the deconfliction line daily to avoid a repeat of the three shoot-downs in June. where for the first time ever, U.S. aircraft downed drone aircraft that were attempting to bomb Coalition forces, and an F-18 shot down a Syrian Su-22 fighter that was bombing partner ground

As we look ahead, Coalition airpower will continue to target ISIS to prevent its resurgence while simultaneously increasing its attention

See FORCES Page 22

Manage stresses to aid mission success

Staff Sgt. Heather Heiney 403RD WING PUBLIC AFFAIRS

KEESLER AIR FORCE BASE, Miss. — Stress is an inevitable part of life and military life in particular.

Nicole Mayzner, 403rd Wing psychological health director. said not all stress is negative, and the problems with stress usually arise when it is ignored and continues to build.

"It is very important to practice stress management and determine the techniques that work for you because unaddressed or unmanaged stress typically comes out negatively and can have a significant impact on overall health, relationships, mood and sleep," Mayzner

Physical issues can include headaches, sleep disorders, upset stomach, increased blood pressure and weight gain or weight loss. Mood issues can include anxiety and short temper or increased irritability, depression and inability to focus or be motivated. Changes in behavior can include social withdrawal, increased drinking, outbursts and less time taken for positive self-care like exercising or healthy eating.

Stress is often increased for Reserve Airmen and their families when they are preparing for, undergoing, or returning from a deployment.

Mayzner said a key way to manage deployment stress is to prepare for it in advance.

"Regardless of whether it is your tenth deployment or first, every deployment is different in some ways," she said. "If an

See MANAGE Page 23

Otter pops up at duck pond



A river otter swims in the duck pond Jan. 12 at Travis Air Force Base, Calif. Semiaquatic mammals are endemic to North America and are a sign of a healthy environment.

Guard aids after mudslide

Capt. Roderick Bersamina 129TH RESCUE WING PUBLIC AFFAIRS

MOFFETT AIR NATION-AL GUARD BASE, Calif. — California Air National Guardsmen from the 129th Rescue Wing are providing search and rescue support in Southern California for those impacted by the recent mudslides.

The 129th Rescue Wing has deployed an HH-60G Pave Hawk Helicopter with air crews and two elite Guardian Angel pararescuemen to Santa Barbara Municipal Airport and are performing search and rescue operations in the surrounding areas adversely impacted by the recent mudslides.

The aircraft is one of eight California National Guard aircraft and a dozen high-water vehicles supporting mudslide-response efforts. The California National Guard and the 129th Rescue Wing are working closely with the Santa Barbara Sheriff's Office and stand ready to send additional personnel and resources as needed.

"Like we've done time and time again, your local Air

National Guardsmen answered help those in need," said Col. Wing commander. "The extraordinary women and men of the 129th Rescue Wing are always ready to execute our lifesaving mission."

Over the last few months, hundreds of these Silicon-Valley based Airmen deployed to Maria and in California for the Wine Country Wildfires and the Thomas Fire.

The 129th Rescue Wing is the call at a moment's notice to credited with saving the lives of more than 1,100 people since Taft O. Aujero, 129th Rescue 1977. From arid deserts and snow-covered mountain tops to urban and rural settings, 129th Rescue Wing Air guardsmen can reach any destination by land, air or sea. Equipped with MC-130P Combat Shadow aircraft, HH-60G Pave Hawk rescue helicopters and Guardian support relief efforts in Tex- Angel teams, the 129th Rescue as for Hurricane Harvey, in Wing conducts combat search Florida for Hurricane Irma, and rescue missions, as well in Puerto Rico for Hurricane as the rescue of isolated persons on board ships, lost or injured hikers, and medical evacuations across the West Coast.

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Spouses club offers college scholarship

Travis Spouses Club

The Travis Spouses' Club offers a college scholarship program to deserving military dependents and spouses who are affiliated with Travis Air Force to apply for a higher education Base, California.

In past years, the private organization has awarded scholarships to meritable recipients, with scholarship amounts ranging from \$1,000 to \$5,000 per winning applicant.

Oualifying recipients include to college, dependent students currently attending college and military spouses who are furthering their educational goals.

This year, after successful

fundraising efforts earned primarily from the base thrift store operations, the Travis Spouses Club is able to award scholarships to military families.

To learn more about how scholarship and to print an application, visit travisspousesclub

All applications and supporting materials must be postmarked by March 15.

Scholarship application packages should be mailed to the high school seniors heading off Travis Spouses' Club Scholarship Committee at P.O. Box 1475, Travis AFB, CA, 94535.

> For more information, email the Travis Spouses' Club at TSCscholarships1@gmail.com.





6 TAILWIND TRAVIS/AIR FORCE **JANUARY 19, 2018 JANUARY 19, 2018** TAILWIND 7

California council enacts military student identifier

60th Air Mobility Wing Public Affairs Staff Report

The State of California Governor's Military Council recently adopted a military student identifier for grades kindergarten through 12.

According to a release from the California Governor's Military Council, many individuals have advocated for the state to adopt a military student identifier in order to track the academic performance of military-connected students since the federal Every Student Succeeds Act was passed in December 2015 and mandated that every state adopt a military student identifier.

At the time, California chose Under Secretary of State Ellen not to add the identifier to the Tauscher as chair. California Longitudinal Pupil Achievement Data System, the be used to collect data such as state student database

than 30 federal military installations that are vital to national security. The Department of Squadron school liaison officer. Defense directly employs more than 236,000 people in Califor- programs geared toward milinia, according to militarycouncil.ca.gov.

The Governor's Military Council was established by Gov. Jerry Brown in an effort to protect and expand the military's vital role in national security and California's economy. The council appointed former Congresswoman and

"The code will most likely tracking graduation, attendance California is home to more and how military students are doing in school," said Christian Mendoza, 60th Force Support "This will better help us with tary students and programs for students who may not be doing so well in school."

The council works to protect California's military installations and operations amid ongoing DOD budget cuts and leverage changes in federal military strategy to position the state to

See IDENTIFIER Page 25



Second Lt. Kenneth Soyars, 14th Student Squadron student pilot, takes off during a virtual reality flight simulation Jan. 10 at Columbus Air Force

Researchers take part in virtual reality study

Airman 1st Class Keith Holcomb had not flown the T-6; pilots who

COLUMBUS AIR FORCE BASE, Miss. — A team of stu- ence whatsoever. dent researchers from Air Command and Staff College, Air University at Maxwell Air Force Base, Alabama, conducted an Adaptive Flight Training Study Jan. 9-12 at Columbus AFB, Mississippi, to aid in the Air Force's advancement in training and education through virtual reality.

The study was held primarily to find out if the VR environment would help adults learn at or above the rates they are currently learning, and how the brain works and reacts in conjunction with other parts of the body during the learning process.

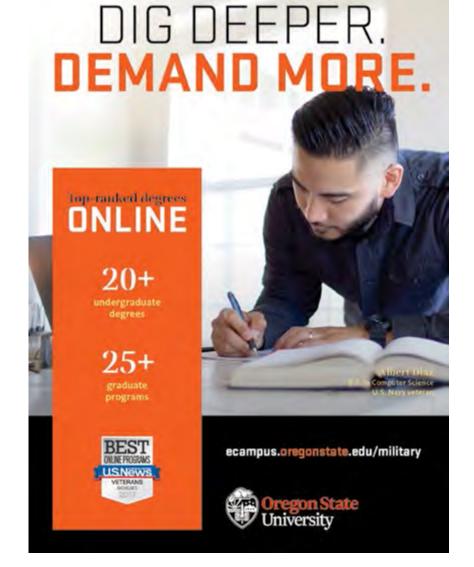
Three test groups were tasked to fly a T-6 Texan II simulator with no prior T-6 flying experience. The groups ranged from experienced pilots who

14TH FLYING TRAINING WING PUBLIC AFFAIRS have limited flying experience and none within the T-6; and the final group had no flying experi-

"We took the idea of learning through advanced technologies like VR, and came up with our idea of a targeted learning system," said Maj. Matt Elmore, Air Command and Staff College student. "We are focusing on how our troops learn, using technology to measure the person, the environment and their performance, to see if we can provide better feedback both adaptively in the curriculum and to provide variables or indicators to select people for certain jobs based on the results."

The three test groups flew four simulations; the first simulated flight set the baseline so the data could be compared to the other three flights. The task

See VIRTUAL REALITY Page 30







8 TAILWIND **JANUARY 19, 2018 JANUARY 19, 2018** TRAVIS/AIR FORCE



Gold Star families receive ID cards



Michael Clark, left, Karen Reed, middle, and Yolanda Vega, right, gather at the Pass and Regristration center Jan. 16 at Travis Air Force Base, Calif. These three individuals received Defense Biometric Identification System for being a part of the Gold Star program. The Gold Star program emerged during World War I after being placed over a service flag's blue star when a member was killed in combat.

AF gathers data on storms

Tech. Sgt. Ryan Labadens 403RD WING PUBLIC AFFAIRS

KEESLER AIR FORCE BASE, Miss. — Some people might think that when hurricane season comes to an end, so does the mission of the Air Force Reserve "Hurricane Hunters." But that's not the

For members of the 53rd Weather Reconnaissance Squadron, also known as the Hurricane Hunters, the hurricane tasking is only one part of their overall data-gathering mission. Hurricane Hunters track winter storms off the East and West Coast of the United States and in the Gulf of Mexico. While the normal flying season for these missions runs Nov. 1 to March 31, some missions can take place either before or after these dates depending on the weather that season.

"So far this season, the Hurricane Hunters have flown two winter storm missions, one today and the other Jan. 3. The

data from these and other win- pressure, temperature, huter storm missions help forecasters determine what type of weather conditions these storms might bring to coastal communities and even further inland, whether it be freezing rain, sleet, ice or snow." said Maj. Christopher Dyke, 403rd Operations Group weather standards and evaluation of-

Dyke said the Hurricane Hunters fly their WC-130J Super Hercules aircraft on predetermined tracks to collect weather data such as air

midity, wind speed and direction, and global positioning system information. The dropsondes used to collect this data are released from the aircraft through a specialized cannon and parachute down toward the water's surface.

"We collect this dropsonde data, which gives the modelers a full profile – from 30,000 feet down to the surface – of what the atmosphere looks like. That data gets ingested, or pulled, into the model, and that marks

See STORMS Page 22

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LIONSGATE

Command journeys through cloud tech

Candy Knight

AIR MOBILITY COMMAND PUBLIC AFFAIRS

SCOTT AIR FORCE BASE, Ill. — Air Mobility Command senior leaders gathered Jan. 8 at the Scott Event Center at Scott Air Force Base, Illinois, for an experiential activity simulating key events of an organization's cloud migration.

As AMC's transition to cloudbased services advances toward completion this spring, an Amazon Web Services team facilitated the event, which was designed to help leaders prepare tion." by focusing on non-technical issues and key decision points likely to develop during the first year of a cloud migration, and how their decisions may affect the overall success of the proj-

"The purpose of this event

was to bring together Airmen and leaders from across the AMC staff and take them through key decision points organizations will experience during the first two years of a cloud migration," said Lt. Col. Ivan M. Herwick, AMC's representative to U.S. Transportation Command's Cloud Center of Excellence. "Using a case study as a baseline, participants discussed issues and milestones an organization would face, and how best to manage the enterprise migra-

Herwick added there are many potential benefits with transition to a cloud-based service and events such as these help leaders realize them as the migration continues.

"It is beneficial to ensure See CLOUD Page 26



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10 TAILWIND TRAVIS/AIR FORCE **JANUARY 19, 2018 JANUARY 19, 2018** AIR FORCE TAILWIND 11

DGMC greets first 2018 baby



Tech. Sgt. William Vanover, 373rd Training Squadron Detachment 14, and Staff Sgt. Lauren Vanover, 60th Aircraft Maintenance Squadron, pose with their newborn son, Everest. Everest was born at 12:45 a.m. Jan. 1, making him the first baby of the new year at David Grant USAF Medical Center.

Pence pays visit to Nellis

Master Sgt. Heidi West

99TH AIR BASE WING PUBLIC AFFAIRS

NELLIS AIR FORCE BASE, Pence made his way Jan. 11 to Las Vegas to attend the grand lis AFB to meet the Airmen of opening of the first AFWERX facility and visit the men and

Upon arrival to Nellis AFB, Pence, Secretary of the Air Force Heather Wilson and Chief ing to prepare today's Airmen to of Staff of the Air Force Gen. David Goldfein headed downtown for the opening of the AF-WERX-Vegas storefront, which will serve as an innovation hub to connect innovators and accelerate results.

"It is a great honor to stand before a gathering of extraordinary leaders, innovators and is where you develop the tactics pioneers and open the first and practice with the equipment in the nation's AFWERX in

Las Vegas ... leading the way again," Pence said.

After meeting with state officials and community dignitar-Nev. — Vice President Mike ies, the vice president, Wilson and Goldfein returned to Nel-Air Combat Command's largest base and home to the U.S. Thunwomen of Nellis Air Force Base, derbirds. Wilson began the ceremony with opening remarks, praising Nellis AFB for providing the tools and tactical trainreact within seconds during real world operations and meet the need for air superiority.

"This is where we, as Airmen, push the envelope," Wilson said. "We push ourselves and teams to do better, to be better, to fight harder, to learn more and to take the fight to the adversary. This

See PENCE Page 23

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AFWERX targets innovative solutions

Master Sgt. Heidi West

99TH AIR BASE WING PUBLIC AFFAIRS

NELLIS AIR FORCE BASE, Nev. — Historically, the Air Force has remained the world's pre-eminent air and space fighting force by forging innovators from within the ranks, empowering them to problem solve and providing them the resources to do so.

Today, the Air Force is formally expanding this call for innovation through the AFWERX program, which encourages partnerships with academic institutions, science and technology communities and private industries with an invested interest in solving complex security issues.

According to Air Force leadership, the secretary of the Air Force established the AFWERX program to facilitate the integration and implementation of creative and disruptive technology to ensure today's Airmen maintain the capability advantage over tomorrow's adversary.

"Airmen are the ones closest to the problems, the people at the tip of the spear, who understand the problems, who understand the enemy, and have the ideas to make us more lethal," said Capt. Steven Lauver, AFWERX Air Force Technology Accelerator co-director. "It all exists with the people who are there solving the problems on the battlefield. Innovation is important because we are taking the people who understand our problems and enabling them to solve them."

Private industries are moving exponentially faster than the Defense Department in autonomous technology. Recruiting innovative solutions from these outside resources requires the Air Force to take a chance before the technology

See AFWERX Page 25

386th ELRS moves passengers, cargo

Staff Sgt. William Banton

386TH AIR EXPEDITIONARY WING PUBLIC AFFAIRS

SOUTHWEST ASIA — The Air Force is required to move hundreds of thousands of tons of cargo a year in support of military operations around the world.

The importance of this mission is clear for the men and women who serve the 386th Expeditionary Logistics Readiness Squadron.

"In July, we moved more than 16,000 passengers, which is unheard of," said Master Sgt. Chad Ehrlich, 386th ELRS noncommissioned officer in charge of special handling. "It is mindboggling how many passengers that is. ... Obviously, the tempo here is much different (than in the states). I recently started to prep my replacement and I showed him our tempo and he was like 'holy cow.

"The volume and number of movements we do in one day is quite phenomenal."

Excluding passengers and baggage, in 2017 the 386th ELRS processed and moved more than 65,000 tons of cargo – pushing through approximately 16,000 work orders, egories, general cargo and

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undisclosed location in Southwest Asia. All cargo being transported on military aircraft is required to be inspected prior to being transported.

requiring more than 200,000 labor hours of work - making it the busiest aerial port in the area of operations. This is comparable to transporting eight bull African bush elephants, or approximately 12 cruise ship size anchors.

Most of this tonnage is being transported to support operations in Iraq, Syria and Afghanistan in direct support of Army operations throughout the AOR.

The cargo being moved is broken down into two cat-

special-handled cargo. Special-handled cargo items include hazardous chemicals, ammunition, armored vehicles and medical supplies including blood and other perishable items crucial to ensuring the safety of service members positioned on the frontlines.

"Every day it's on our mission boards, some days it's a single box, (other days) it is full (pallets)," said Senior Master Sgt. Jeremy Burlingame, 386th ELRS air terminal operation center duty officer, regarding medical supplies and blood products.

Blood products, which include whole blood, plasma and other variation of frozen blood products, require special refrigeration considerations.

"The regulations spell out if the item needs to be frozen or just chilled," said Burlingame. "Most of what we move here is chilled because we don't have the capability to move a whole lot of frozen (items)."

Different items have different regulated requirements based on how to safely transport them in and out of the

For example, if the Army reguires a M777 A2 Howitzer to be flown out of Iraq and back to the U.S., special handle cargo would first have to inspect the weapon to ensure each part has been secured for transport, and

See ELRS Page 25



Wright to focus on resilience in 2018

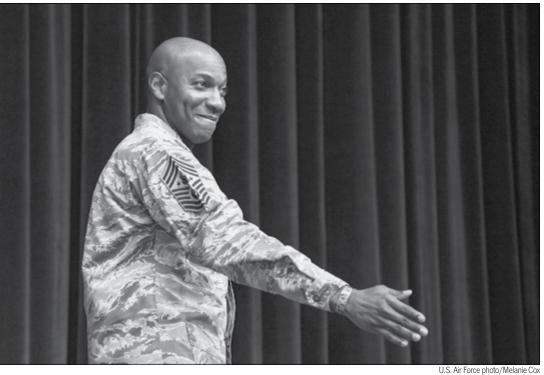
Tech. Sgt. Patrick Brown MAXWELL PUBLIC AFFAIRS

MAXWELL AIR FORCE BASE, Ala. — Chief Master Sergeant of the Air Force Kaleth O. Wright said he feels the Air Force is headed in the right direction concerning education and enlisted-force structure, but Airman resilience is an area that needs more attention.

He's starting the new year with that focus, he told the crowd during an all-call Jan. 10 in the Polifka Auditorium at Maxwell Air Force Base, Alabama.

"What I'm most concerned about, and where my priority will be in 2018, is the area of resilience," he said. "I still feel like there's work to be done. I want to get out there and spend more time and energy this year getting after what's causing our Airmen to be less resilient. What's causing us to have less of a wingman culture?"

His desire to see the Air Force go back to more of a "wingman culture" stems from strong personal relationships that helped him get through difficult times. He said support from fellow Airmen and building a strong sense of resilience is key to what he predicts will



Chief Master Sergeant of the Air Force Kaleth O. Wright speaks to Airmen during an all-call Jan. 10 at Maxwell Air Force Base, Ala. The chief said he will focus more on building Airman resiliency in the new year.

in the future.

"The reason I've decided to place this laser focus two or three from now and on resilience is because ... it gets tougher," he said. "It's deployments to Europe. I see tough now, but it gets tougher. more deployments to Afri-With what's happening in the ca. I see continued deployworld with the level of global

be a tougher operations tempo insecurity and instability, deployments to the Pacific." our jobs will only get tougher. I don't look out a year or only the strain on those on see less mission. I see more ments to the Middle East, and I also see, at some point, some

The chief pointed to not the deployments, but also the strain on the families left behind and the Airmen who remain to continue the mission.

"The mission here never stops, and the folks who are

See RESILIENCE Page 26



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Airman captures prize for innovation

Staff Sgt. Jonathan Bass 86TH AIRLIFT WING PUBLIC AFFAIRS

RAMSTEIN AIR BASE, Germany — One 86th Communications Squadron Airman assigned to Ramstein Air Base took second place in the U.S. Air Forces in Europe's Spark Tank competition.

Airman 1st Class John Willman, 86th CS cyber defense analyst, won a \$2,500 prize and a chance to win more and have the Air Force institute his idea at the headquarters Air Force competition later this year.

Each major command submits two Airmen and their ideas for the headquarters competition.

The competition calls for Airmen to pitch their innovative ideas to the Air Force's senior leaders through the Airmen Powered by Innovation portal and culminates in a showcase of those ideas in Orlando, Florida.

Willman, a Los Angeles, California native, designed a system to centralize the Windows 10 upgrade across the entire Air Force using the Windows Deployment Services and the Microsoft Deployment Toolkit.

"Currently, from base to base there's not really a set way to do things." Willman said. "They might use disks to image which takes longer, some may use a hard drive, or they might be doing practices which aren't authorized anymore."

With Willman's plan, the upgrade will be centralized at the headquarters level, and disseminated down from there. This way the process is more fluid, he added.

"Both tools run on a server and you have your deployment share which holds all the files for imaging, then you can link the deployment shares so the servers are all linked,"

See PRIZE Page 24



Senior Airman Daniel Palma, 80th Operations Support Squadron aircrew flight equipment, cleans an aviator helmet mask as part of his daily duties to ensure equipment issued to pilots of the 80th Flying Training Wing is

Sheppard does brisk business

82ND TRAINING WING PUBLIC AFFAIRS

SHEPPARD AIR FORCE BASE, Texas — The airfield at Sheppard Air Force Base has long been among the busiest in the Air Force as U.S. and NATO partner students train to become combat pilots.

Couple that with the civilian air traffic flying in and out of Sheppard AFB, and now the base has become the busiest joint-use air field in the Air Force, taking the top spot from Eglin AFB, Florida, for fiscal year 2017. Several factors play a role in the annual numberscrunch determination, but all of them have to do with controlling the air space for which Sheppard AFB is responsible.

Leading that effort is Lt. Col. Jason Turner, 80th Operations Support Squadron commander, and Capt. Hollis Troxel, Airfield Operations Flight commander.

"From a military standpoint, there are several factors that go into the actual operations that we execute at any given time," Turner said. "A lot of lot shortage that you're trying mission here," he said. "You

to solve,' and part of what we're have everything from weather doing is trying to maximize our Airmen: aircrew flight equipproduction to the maximum extent given the facilities we have available to us.

"So, that's one of the driving factors in that we've seen larger student classes over the last six months."

Turner said another component that contributed to the increase in flying activity was the loss of an auxiliary airfield in Frederick, Oklahoma, where student pilots conducted some of their T-6A Texan II training. Repairs on the runway in Frederick were completed during 2017. While repairs were underway, more T-6A takeoff and landing training missions were conducted at Sheppard AFB.

When people think of an airfield and its purpose, they often think only of the aircraft and the pilots flying them. Troxel said there are many more behind-the-scenes functions that keep operations moving seemingly without a hitch.

"We have a multitude of Airmen in different (Air Force Specialty Codes) who are all behind the engine that you people say, 'you've got this pi- could say supports the flying

ment Airmen; you have air traffic control Airmen, both in the radar approach control and the tower; you also have radar airfield weather systems Airmen who are fixing that equipment and radio equipment and radar equipment that keeps us up and flying each and every day."

Troxel said that in addition to Airmen supporting the mission, there are also civilians and contractors working alongside. He said all of those functions "really are the embodiment of OSS."

As the term "joint-use" indicates, the success of the airfield also takes a strong relationship between Sheppard AFB, the city of Wichita Falls and civilian pilots. Troxel said Sheppard AFB's airfield operations serves as a support agency for civilian aircraft.

For example, he said a civilian aircraft needed to make an intentional wheels-up emergency landing about a year ago when a mechanical malfunction prevented the landing gear from lowering. Although there

See BRISK Page 26

Robot dog improves medical practices

Cpl. Bryann K. Whitley MARINE CORPS FORCES

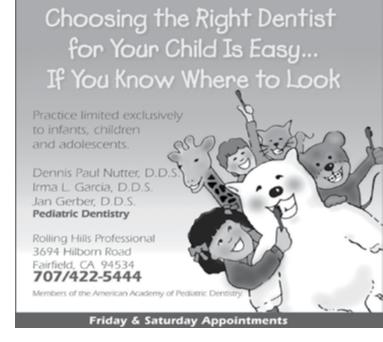
SPECIAL OPERATIONS COMMAND

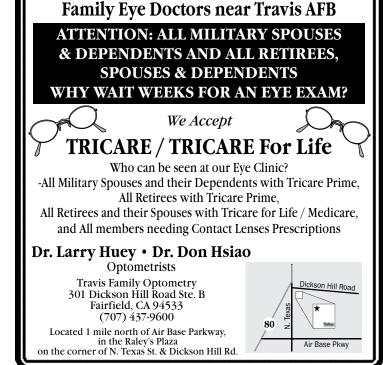
CAMP LEJEUNE, NC — Multi-purpose canine handlers with U.S. Marine Corps Forces, Special Operations Command, used a robotic canine training dummy for the first time, during hands-on

medical training at Stone Bay on Marine Corps Base Camp Lejeune, N.C., Nov. 30 and Dec. 1, 2017.

The simulator, one of two prototypes being developed between U.S. Special Operations Command and industry partners, challenged handlers and medical staff with

See ROBOT DOG Page 30





14 TAILWIND AIR FORCE **JANUARY 19, 2018**

Support helps officer, amputee adjust to change

AIR FORCE SURGEON GENERAL PUBLIC AFFAIRS

Editor's note: This is part three in a series following an Airman through her cancer treatment and amputation. Parts one and two appeared in the Jan. 12 edition of the Tail-

FALLS CHURCH, Va. — "I already got my running blade." said an enthusiastic Maj. Stephanie Proellochs.

After only taking her first steps in November. Proellochs. a Medical Service Corps officer and recent amputee, was already thinking of how she would be able to run and eventually snowboard with her fam-

"Since I started walking on my prosthesis there are all these things that I want to start doing now," said Proellochs. "I know that it will take time for me to get comfortable but I am excited. I want to run!"

With her ear-to-ear smile and enthusiasm for recovery, it kind of keeps me down," it can be easy to forget that her said Proellochs. "The support



Maj. Stephanie Proellochs, center, Medical Service Corps officer, works with Alyssa Olsen, left, and Kyla Dunlavey, Walter Reed National Military Medical Center's physical therapists, Nov. 8, 2017, in Bethesda, Md. Olsen and Dunlavey work with the rest of Proellochs' medical team throughout her amputation recovery.

feels confident about overcomvith being an amputee.

"My son has been taking it else is so nice to me. He says, 'I yond lucky." have to keep it real, mom."

Having never met an

and the radiation, sometimes from her family. From her amputee before, Proellochs husband's experience working was also appreciative of her riched by their experiences." with amputees to her son's hu-husband, John, who has not mor, Proellochs is grateful and only been by her side at every appointment, but also has exng any challenges that come perience working with service members with amputations.

"My husband is just outall in stride and does a great standing and has made this job of making me laugh," said whole process so much easier," Proellochs. "Between school said Proellochs. "It is helpful and practice, my son manag- that he can use his experience es to come up to the hospital to being around so many differsee me even in rush hour traf- ent amputees for so long. John fic. He also finds little ways to has made me feel comfortable make jokes. He says he is the with what was to come with my only one who can get away at recovery. He and my son make making jokes since everyone a really great pair and I am be-

> Proellochs also extends her gratitude to her team at Walter



Reed National Military Medical Center. Many patients who receive treatment at Walter Reed feel such a connection to their medical team that they often come back to visit just to express their appreciation.

"I mean just look around here," said Proellochs as she scanned the physical therapy center. "Many people here do not have appointments but just come back just to show how grateful they are to their medical team."

These patients who come back and share their experiences and stories have helped Proellochs put her own journey into perspective.

"I have spoken with patients who have been through horrible tragedies like Iraq, Afghanistan, acts of terrorism, accidents, or sickness," said Proellochs. "Listening to their stories and how they overcame their obstacles is extremely motivating. The support I have received from other patients has been motivating. You can't help but be uplifted and en-

Hearing the recovery journevs of other service members has allowed Proellochs to maintain her focus on continuing her Air Force career. In many ways, her MSC colleagues provide additional support to ensure an easy transition whenever she is ready to come back.

"My MSC team has been great in keeping me up-to-date and involved as I telework," said Proellochs. "Many of them even came to my house to provide support and offer me food. When the Air Force Medical Service says 'people are first' they really mean it and I have experienced that first hand."

Her experiences as a patient have also given Proellochs a new perspective in her career field. As an MSC officer, her duties ran more to the administrative side of health care. These roles provided limited exposure to direct patient care. Now, she has a new appreciation for the work medics play in caring for patients.

"I am more used to the behind-the-scenes processes of

See CHANGE Page 24

amputation was not the result of a single incident, but an on- going, grueling, and unpredict- able battle with cancer. "Between being immobile	I have received has made it so much easier to stand." f Proellochs credits her ability to smile through some of the toughest moments to support
RECREATION CENTER BAI	Y SPORTS R & GRILL S S S S S S S S S S S S S S S S S S
Saturday, January 20 MIO NG A	

16 TAILWIND JANUARY 19, 2018

Saxophone quintet plays International Symposium



LLS Air Force photos/Louis Bris

1) The Commanders Jazz Ensemble of the USAF Band of the Golden West, Travis Air Force Base, Calif., performs Dec. 1, 2017, at the Vacaville Performing Arts Theater, Vacaville, Calif. The U.S. Air Force Band of the Golden West Saxophone Quintet performed Jan. 13 at the 2018 International Saxophone Symposium in Fairfax, Va.

Senior Airman Mary Gant

U.S. AIR FORCE BAND OF THE GOLDEN WEST

FAIRFAX, Va. – The U.S. Air Force Band of the Golden West Saxophone Quintet performed Jan. 13 at the 2018 International Saxophone Symposium in Fairfax, Virginia.

The performance took place at the George Mason University Center for the Arts and coincided with various other performances, master classes and lectures designed for musicians of all ages.

The International Saxophone Symposium is an annual event that has been hosted by the United States Navy Band since 1978. It was the 40th anniversary for the event and coincided with the recent 70th anniversary of the Air Force.

The symposium allowed Air Force musicians the opportunity to showcase excellence and professionalism through their musical performance.

"The saxophone quintet started as an idea between myself and another band member to improve the cohesion of our sax section," said Airman 1st Class Ian O'Beirne, musical director of the group.

Other group members included Master Sgt. Jeremiah True, Tech. Sgt. Marco Muñoz, Tech. Sgt. Jeremy Nee, and Staff Sgt. Nathan Heald, all from the BOTGW

O'Beirne helped arrange one of the pieces the group performed and composed a brand new piece, "Trust Autumn," which was debuted at the symposium.

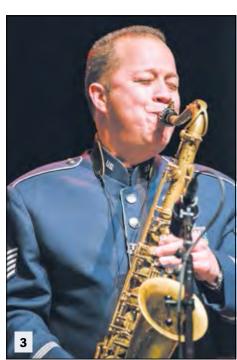
"This piece is semi-autobiographical in nature and deals with the readjustment to normal life and recovery of personality after basic training," said O'Beirne,

The group also had the privilege of premiering a new piece entitled "The Autonomy Quintet," by famous jazz musician and composer Gordon L. Goodwin.

"It was an honor to showcase the talents of our AMC Airmen-musicians not only to the military band community who were in attendance, but also to the international musical community," said Sgt. True, NCO in charge of the saxophone quintet.

Band of the Golden West members have the opportunity to interact with the general public and recruit through music on a regular basis. Performing at the symposium was just another example of how musicians regularly demonstrate the excellence of all the airmen in the AMC and the U.S. Air Force.







2) Senior Airman Stephanie Allen, a vocalist with the Commanders Jazz Ensemble of the U.S. Air Force Band of the **Golden West, performs** Dec. 1, 2017, at the **Vacaville Performing** Arts Theater in Vacaville, Calif. 3) Tech. Sgt. Marco Munoz. a saxophonist with the Commanders Jazz Ensemble of the U.S. Air Force Band of the **Golden West, performs** Dec. 1, 2017, at VPAT in Vacaville, 4) The **Commanders Jazz** Ensemble of the U.S. Air Force Band of the **Golden West, Travis** Air Force Base. Calif.. performs Dec. 1, 2017,

and Friday.

federal holidays.

Ave., Fairfield.

10:30 a.m. Sunday.

12:30 p.m. Sunday.

11 a.m. Tuesday

a.m. Sunday.

707-424-3217.

First Street Chapel

DGMC Chapel

• Roman Catholic Mass: Noon to 12:35

The Church of Jesus Christ

of Latter-day Saints

Sacrament Services: 9 and 11 a.m.

Sunday at Church of Jesus Christ of Latter-day

Saints Fairfield Stake Center, 2700 Camrose

DGMC Chapel

Sunday at DGMC Medical Center Chapel.

For all other enquires, call LDS

Military relations representatives at 707-535-

Protestant

First Street Chapel

Protestant Community Service: 9:30 to

Gospel Worship Service: 11:30 a.m. to

Children's Ministry is provided for

Protestant Men of the Chapel: 8 to 9

Twin Peaks Chapel

DGMC Chapel

Airmen's Ministry Center

For more information about chapel

programs, call Twin Peaks Chapel at

• The Peak is open from 6 to 9 p.m.

Monday through Friday at Bldg. 1348.

Home-cooked meal at 6 p.m. Tuesday's

followed at 7 p.m. by Bible study.

Protestant Traditional Service: 10 to 11

• Protestant Women of the Chapel: 9:30 to

6-month-olds through fifth grade.

a m first Saturday of every month

Latter-day Saints Service: 4 to 4:30 p.m.

p.m. Monday through Thursday, except for

• Mom's Group: 9 to 11:30 a.m. Thursday

Puzzles

ISTR8TS No. 369 Easy Previous solution - Medium

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The solutions will be published here in the next issue.

To complete Sudoku, fill the board by entering numbers 1 to 9 such that each row, column and 3x3 box ontains every number uniquely.

How to beat Str8ts -

Like Sudoku, no single number can

rows and columns are divided by black

squares into compartments. These

need to be filled in with numbers that

of numbers with no gaps but can be in any order, eg [4,2,3,5]. Clues in black

complete a 'straight'. A straight is a set

ells remove that number as an option

in that row and column, and are not part

see how 'straights' are formed.

of any straight. Glance at the solution to

repeat in any row or column. But...

For many strategies, hints and tips, visit www.sudokuwiki.org

If you like Str8ts, Sudoku and other puzzles, check out our books, Phone/iPad Apps and much more on our store at www.str8ts.com

Retiree Corner

Survey: Military medical facility satisfaction rises

WASHINGTON — Results of the Defense Department's Joint Outpatient Experience Survey are in for 2017, and Soldiers, retirees and family members reported high overall satisfaction.

Ninety-three percent said they are satisfied with their experience at Army medical treatment facilities, the senior health policy analyst with the Office of the Army Surgeon General said.

Melissa Gliner said the other two big metrics are ease of access to Army

providers, which was rated 83 percent positive, the highest in the military health services, and overall experience with Army pharmacies, which was rated 78 percent positive.

The results of the survev show an overall increase in satisfaction of about two percent for those three questions compared to 2016, the year the Army first participated in the survey, she said.

About 2.7 million surveys go out annually to about 10 percent of patients who have visited a military health facility in a random selection process, she said.

- Health.mil

News Notes

Scholarships for military children.

Open to sons and daughters of active duty, reserve, Guard or retired military commissary customers. Recipient must be enrolled or planning to enroll full-time in a four-year undergraduate college or university accredited in the U.S. or a two-year community college, with a GPA of 3.0 on a 4.0 basis. For more information, call Marve Dobson at 804-734-8000, ext. 52781, Jim Weiskopf at 202-607-1067 or visit www.militaryscholar.org

Balfour Beatty Communities Foundation scholarship program. Will begin accepting applications for the 2018-19 academic year Jan. 15. All residents, including spouses and children, who live at a BBC-owned and managed property are eligible to apply.

Applications must be submitted at www.

bbcommunities foundation.org by March 31.

MPF walk-in hours. Effective March 1, MPF will no longer service customers for ID card related issues via walk-in hours and will go to an appointment-only system. For those needing assistance for emergency situations such as stolen or lost Common Access Cards or pin resets, visit during operation hours from 7:30

a.m. to 3:30 p.m. Monday through Friday. Volunteer victim advocates. The SAPR office is seeking interested and qualified individuals to become volunteer victim advocates. The rank requirements are senior airman, first lieutenant or GS-9 and above. (Active military, reservists, and DoD civilian employees) Individuals must have an interview with the SAPR team, attend a 40-hour initial training class, pass all background checks and receive accreditation from the Defense Sexual Assault Advocate Certification Program. For those interested volunteering, a meeting takes place at 1 p.m. Feb. 13 in Bldg. 381, second floor, room

Sexual Assault Response Coordina-

tors. The alternate SARC serves in the absence of the primary SARC and deputy SARC due to leave, temporary duties, deployments, illness, etc. They also serve as subject matter experts. once all requirements are met and training/ certifications are completed. Officers 0-2 and above or civilians GS-12 or equivalent, who have completed the VVA initial training and/or AF SARC course, has performed SAPR VA/VVA duties under SARC supervision, and are D-SAACP certified may serve as an alternate SARC. If interested or want additional information, please contact the SARC or SAPR VA at 707-424- 1105 / 1098 or email tiffanie. stevenson@us.af.mil to receive a packet.

60th FSS

Contests

Smoothie bar naming contest. For a chance to win free smoothies in 2018, help name the Smoothie Bar at the Fitness Center. To enter the contest, visit the Fitness Center, fill out a form and attach a receipt from one of the following facilities: Fitness Center, Travis Bowl, Outdoor Recreation, Cypress Lakes Golf Course, Sierra Inn Dining Facility, Arts & Crafts or Delta Breeze Club.

In the next week ...

rant USAF Medical Center's an open house from 9 a.m. to 1 p.m. Jan. 20 for the base community, including parents with small children. Guests can

tour the unit, meet the clinical team, ask guestions and find out what to expect when expecting a child. There will be a cookie bar and the opportunity to win several prizes, including a massage package and breast-feeding gift basket. The L&D unit is on the fourth floor near the Women's Health Clinic. For more information, call 1st Lt. Cynthia Turner at 707-423-3619.

Ladies night bowling. On Jan. 20, all ladies bowl for \$1 at Travis Bowl Starting at 6 p.m., strike up some fun with

■ L&D open house. The David all your girlfriends and bowl the night away. Men are welcome to participate. For labor and delivery unit will hold details, call 707-437-4737.

> Magic show. 6:30 p.m. Jan. 24 at the Delta Breeze Club. Professional magician and illusion Mike Super performs. Free. Limited seating. For reservations, call 707-437-3711

MPS closure. On Jan. 25, the 60th and 349th Military Personnel Section will be closed for a training day. For status updates, to schedule future appointments or to speak with the customer

For more information on FSS, visit http://

service support staff, call 707-424-8483.

For details, call 707-424-0535.

Biggest Winner contest. Kick off the New Year with Travis Fitness Center and join the free Biggest Winner Contest. To be a fitter, healthier and confident you, attend fitness classes, learn basic nutrition, determine how to maintain a healthy lifestyle and take advantage of team building and accountability! The registration and weigh-in deadline is Jan 19. For details, please call 707-424-2008

Specials and discounts

Monday "Fun-Day" golf special. All-day on Mondays, pay only \$25 green fee with cart at the Cypress Lakes Golf Course. All are welcome and invited to play. For more information, call 707-448-7186

Fresh discounts and powder. Discounted lift tickets to Boreal Mountain, Sierra-at-Tahoe and Soda Springs Ski Resort are available at Outdoor Recreation. Equipment rentals and tune-up/wax jobs also available. For more information, call 707-424-0969

Closures

Sierra Inn dining facility closure. The dining services are moved to the Delta Breeze Club.

DFAC, Sierra Inn, is closed due to remodeling. All Midnight chow will not be served, but all other meals provided

Upcoming events

Karaoke, 8 p.m. Jan. 19 at Wingman's.

Sunday football. 10 a.m. Jan. 21 at Wingman's. 437-3227.

Baby bounce. 10 a.m. Jan. 22 at Mitchell Memorial Library. 424-3279. Pre-K Story Time. 10 a.m. Jan. 23 at

Mitchell Memorial Library. 707-424-3279. **Steak Night.** 4:30 p.m. Jan. 23 at Wingman's 707-437-3227

Wing Wednesday. 4:30 p.m. Jan. 24 at Wingman's. 707-437-3227.

Glitter Slime Class. 5 p.m. Jan. 24 at Arts &

Crafts 707-424-2929 Club members' breakfast. 6:30 a.m. Jan.

25 at Delta Breeze Club. www.travisfss.com.

Chapel programs

Sunday

appointment.

Street Chapel).

Financial Peace University. Two

nine-week, two-hours-per-session, faith-based money management courses building financial resilience for active duty military members, single or married and their spouses. First track: 6 to 8 p.m. Tuesdays at Twin Peaks Chapel. Second track: 6 to 8 p.m. Wednesdays at First Street Chapel, Child care available. For more information, call 707-424-3797. Recurring events

Catholic

Twin Peaks Chapel

Children's Church: 10:15 a.m. Sunday

4:30 to 5:30 p.m. Wednesday or upon

• Youth Choir: 1 p.m. Sunday.

Adult Choir: 4 p.m. Sunday.

first Monday of every month, Annex.

7:30 p.m. Wednesday, Annex.

• Sacrament of Reconciliation/Confession:

Infant Baptism Prep Class: Two classes.

Women's Bible Study: 10 a.m. (at First)

• Catholic Women of the Chapel: 6 p.m.

• Rite of Christian Initiation of Adults: 6 to

• RE Classes: 10:15 to 11:30 a.m. Sunday,

Registration required. 6 to 7 p.m., quarterly.

• Children's Choir: 2 p.m. Sunday.

• Roman Catholic Mass: 9 a.m. and noon

Uncoming events

Recurring Air Force Office of Special Investiga-

tions. To report a crime, get a foreign travel brief or request information on joining AFOSI. report to Bldg. 380B, second floor. Send correspondence to AFOSI Detachment 303. 510 Airlift CR, Travis AFB, 94535. For more information, call 707-424-3115 or DSN: 837-3115.

> Here are the showtimes for this weekend's movies at the Base Theater:

Saturday • 6:30 p.m. "Jumanji:

• 9 p.m. "Father Figures" (R)

Sunday

• 2 p.m. "Star Wars: The Last Jedi" (PG-13)

"Walter E. Scott" Chapter 1320. General second Friday of every month at Wingman's in the Delta Breeze Club. For more information,

Tech. Sgt. Rebecca Linden de Romero. **Airmen's Attic.** The Airmen's Attic is open from 10 a.m. to 2 p.m. Tuesday and Thursday and 4 to 6 p.m. Wednesday, 560 Hickam Ave. For more information, call 707-424-8740 or visit the Facebook page "The Attic at Travis AFB." Alzheimer's Caregiver Support Group.

Meetings take place from 1 to 2:30 p.m. the third Thursday of the month in the diabetic education classroom on the first floor in Internal Medicine at David Grant USAF Medical Center. For more information, call 707-423-

Air Force Sergeants Association

membership meetings are at 3 p.m. on the

contact Senior Master Sgt. Angell Nichols or

Base emergency numbers. Mobile phone users must dial 707-424-4911 if they have an emergency on base. Those using government or home phones can call 911. For more information, call the Travis Air Force Base Fire Prevention Office at 707-424-3683.

Crisis text line. Free confidential 24/7 counseling for teens and young adults. Text 741-741 anywhere in the United States and a live, trained crisis counselor responds quickly.

Employee-Vehicle Certification and Reporting System. Civilian and military personnel must maintain emissions information with the Web-based ECARS system. For more

information, call Xuyen Lieu at 707-424-5103. **Exceptional Family Member Program Sensory Play Group.** This group meets from 2 to 4 p.m. the second and fourth Wednesdays at the Balfour Beatty Community Center, For more information, call 707-424-4342 or visit the

Facebook page "FFMP Travis AFR" Fairfield/Vacaville Train Station Project. Located at Peahody Road and Vanden Road in Fairfield with a six-lane overpass. Construction is scheduled for completion in October. For more information, visit http://bit.lv/1vNIBwV

Family Advocacy Parent/Child playgroups. Toddlers to the Max Playgroup for children ages 1 to 3 meets from 9:30 to 11 a.m. Wednesdays at the First Street Chapel Annex. The Rattles to Raspberries Playgroup for infants 8 weeks to 1 year meets 9:30 to 11 a.m. Thursdays at the First Street Chapel Annex. For more information, call 707-423-5168.

Family and Friends Combat Stress Peer Support Group. Meets from noon to 1 p.m. the first Tuesday of every month at the

- 6:30 p.m. "Wonder" (PG-13) • 9 p.m. "Last Flag Flying" (R)
- Welcome to the Jungle" (PG-13)

Balfour Beatty Community Center and from 1-2 p.m. the third Thursday of each month at The Peak. For more information, contact Amber Quirate and Jessica Soto at 501-231-7756 or email travsopcombatptsd@gmail.com. Government no-fee passports. All

submissions of applications for government no-fee passports must now include: 1) A photocopy of Military Identification Card front and back: 2) Passport photo taken in the past six months; 3) Supporting document(s), proof of U.S. citizenship certified copy with state or county seal, if it involved a name change submit a court order or marriage certificate. Passport application cannot be handwritten and printed back to back and must be completed online with 2D barcode at website https://pptform. state.gov and/or https://travel.state.gov. For more information, call 707-424-5324.

Hometown News Releases. To submit a Hometown News Release, visit https://jhns. release.dma.mil/public and fill out the information.

LGBT Alliance. General membership meetings take place at 6 p.m. the first Wednesday of every month at the Airman and Family Readiness Center. For more information, email lgbtalliance707@gmail.com or call

Mare Island Museum. Now a Blue Star Museum, which means active-duty military, reservists and their family members are eligible for free admission from Memorial Day to Labor Day. 1100 Railroad Ave. on Mare Island in Vallejo. 10 a.m. to 2 p.m. Monday through Friday, 10 a.m. to 4 p.m. Saturday. For more information, call 707-557-4646.

M-50 Gas Mask Fit Testing. Takes place from 9 a.m. to 3 p.m. every Wednesday at Bldg. 791. All deployers are fit as necessary. For more information, call 707-424-2689.

Mitchell Memorial Library. Open 9 a.m. to 7 p.m. Monday through Thursday, 9 a.m. to 5 p.m. Friday, 10 a.m. to 5 p.m. Saturday and closed Sunday.

Montezuma Shrine Club. Meets every third Thursday of the month at the Masonic. Center, 412 Travis Blvd., Fairfield. For more information, call Mike Michaelis at 707-427-2573 or Cal Gitsham at 707-425-0060.

Motorcycle licensing and training. California Rider Education offers the Motorcyclists Training Course, Basic Riderys Course 2 and the Military Sportsbike Riders Course on base, MTC classes take place most weekends. Motorcycles and helmets provided. Successful completion gives students a DL 389 that waives the skills test at DMV. Course cost covered for active duty, reserves, some DOD and NAF folks. Family members welcome, but must cover own costs. All registrations done via phone at 1-800-966-3844.

MPF self-renewal program. Did you know that dependents can now renew their ID cards online? To participate in this program, visit http://bit.ly/2mR1gl2. This program is limited only for renewing dependents' IDs. For all other services, visit MPF during duty hours or call 707-424-8483

On-base child care. The Air Force requires on-base residents to be licensed by the 60th Mission Support Group if they provide

This organization welcomes volunteers and supporters from all backgrounds. There are recurring events Tuesday through Saturday, For 8104 or 707-424-4596 or stop by Bldg. 380B. more information, email Staff Sgt. Mathew Clayton at mathew clayton@us af mil

more than 10 hours of care per week in their

homes. For more information, call 707-424-

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government identification Common Access

Card announced by the Office of the Assistant

not apply to medical establishments, applying

performance of official government business.

This requirement does not apply to minors ages

16 or younger. However, it applies to sponsors.

Professional Loadmaster Association.

The Professional Loadmaster Association meets

at 7 p.m. the first Tuesday of each month at the

Retiree Activities Office. Openings for

volunteers. Customers are retired American

is the RAO's responsibility to maintain open

the service and the respect they deserve.

have three hours or more to give, call

707-424-3905

cies. call 707-424-3114.

communication and to ensure retirees receive

60th Air Mobility Wing Information

Protection Office. All requests are done on

Thursdays and by appointment only. Schedule

an appointment by calling 707-424-3114 or by

emailing 60amw.ip@us.af.mil. Fingerprinting is

only for federal employment and for agencies

with a valid support agreement. For emergen-

Solano/Napa Habitat for Humanity.

service members and their family members. It

Delta Breeze Club. For more information, call

Mark Raymond at 707-416-5331

For more information, call 707-424-5324.

for government-issued, no-fee passport and

other U.S. government agencies in the

Secretary of Defense, dated Oct. 27, 2011, does

Photocopying of military identifica-

Travis Community Thrift Shop. 10 a.m. to 2 p.m. Tuesday and Thursday, Ongoing need for volunteers to organize, sort and price donations. For more information, contact the Thrift Shop at 707-437-2370.

Travis Composite Squadron 22 Civil Air Patrol. Open to youth from 12 to 18, as well as adults ages 18 or older who train and serve as the volunteer component of the total force, UTA is 6:30 to 9 p.m. Monday, Bldg. 241-B-2. Open to all students with a 2.0 or high er grade-point average. For more information. contact CAP 1st Lt. Jo Nash at 707-424-3996 or recruiting@squadron22-cap.us, visit during a UTA or check out http://squadron22-cap.us.

Travis Heritage Center. The facility is looking to add to its historical collection. It is missing the past 15 years of conflict in which Travis was involved. Do you have something special to donate for generations to appreciate The center also seeks volunteers. The gift shop If you would like to apply for a volunteer slot and is open 11 a.m. to 4 p.m. Tuesday through Saturday. For more information, call Rick Shea at 707-424-5598 or email richard.shea@us.af.

> Travis Legal Office. Power of attorney and notaries are walk-ins 9 a.m. to 2 p.m. Monday, Tuesday, Wednesday and Friday, 9 a.m. to 1 p.m. Thursday. Legal assistance for active duty members and dependents are walk-ins from 2 to 3 p.m. Tuesday. For all wills and retiree legal assistance, call 707-424-3251 to make an appointment.

"NEWS NOTES" BRIEFS MUST BE SUBMITTED TO 60AMWPA@US.AF.MIL SEVEN DAYS BEFORE THE EVENT DATE. CALL THE 60TH AIR MOBILITY WING PUBLIC AFFAIRS OFFICE INTERNAL INFO SECTION AT 424-2011 FOR MORE INFORMATION.

JANUARY 19, 2018 TAILWIND 19



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20 TAILWIND **JANUARY 19, 2018**

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local worship services

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- 9:15 AM SUNDAY SCHOOL 10:30 AM * MORNING WORSHIP
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- SENIOR PRAYER 7:00 PM WEDNESDAY NIGHT
- Adult Bible Study Girl's Club
- Royal Rangers Revolution Youth *Nursery Care Provided

⁷⁰⁷**425-3612** 2207 UNION AVE., FAIRFIELD www.1agff.org

email: info@1agff.org **BAPTIST**



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2500 N Texas Street, Suite H Fairfield, CA 94533 Rev. Dr. Terry Long, Pastor Sunday

Sunday School: 10:00 a.m. Morning Worship Service: 11:00 a.m. Children's Church: 11:30 a.m. Tuesday

Prayer Meeting: 6:30-7:00 p.m. Bible Study: 7:00-8:00 p.m.

Web Site: www.stpaulfairfield.com Email: stpaulbcfairfield@comcast.net Church Phone: 707-422-2003



BAPTIST



Southern Baptist Convention

401 W. Monte Vista Ave., Vacaville 707-448-5430 www.tbcvacaville.com Greg Davidson, Senior Pastor

Sunday:
,
Worship Service & Bib

Worship Service & Bible Study9:00 am
Worship Service & Bible Study 10:30 am
Evening Worship & Prayer6:00 pm
Wednesday:

wednesday.
Dinner (SeptMay)4:45 pm
AWANA (SeptMay)6:00 pm
Youth6:00 pm
Choir6:30 am
Bible Study 10:00 am,1:30 pm, 3:30 pm & 6:30 pm
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1st Tuesday @ 12:00 p.m. Ist Tuesday @ 12:00 p.m.

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T.N.T. Bible Study

Tuesday Night Teaching 7:00 p.m.

AWANA Bible Study 7:00 p.m.

ay Worship 7:00 a.m., 9:30 a.m. & 11:45 a.m.

Childreph Church 11:45 a.m.

Children's Church 11:45 a.m Youth & Collegiate Church 11:45 a.m. 1st. 2nd. & 3rd Sunday Nursery provided at 11:45 a.m. ORDINANCES

Please call the Church Office for (707) 425-1849

Website: www.mcbcfs.org

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Sunday Morning Worship	
Sunday Evening Worship	6 PM
Wed. Evening Bible Study	7 PM

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4221 Suisun Valley Rd, Fairfield

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We welcome and encourage you to come and hear the good news of the gospel of Christ, and to learn about eternal salvation for all mankind that is offered through Jesus.

"And there is salvation in no one else: for there is no other name unde eaven that has been aiven amona mer by which we must be saved." Acts 4:12 Bring a heart and mind willing to hear God's Word and to do His great will..

For more information or directions, please visit our website at www.rockvillecofc.com

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Holy Eucharist Rite I 9:15 a.m. Pastor's Forum 10:00 a.m. Holy Eucharist Rite II **Tuesday Service:**

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8:00 AM 9:30 AM inish Transl. Available) 11:30 AM

★@LCCfairfield ibertychurchonline.org

2641 N. Texas St. Fairfield, CA 94533 **JANUARY 19, 2018** AIR FORCE

Enlisted RPA selection board convenes at AFPC

AIR FORCE'S PERSONNEL CENTER PUBLIC AFFAIRS

JOINT BASE SAN ANTO-NIO-RANDOLPH, Texas — The second annual enlisted remotely piloted aircraft pilot selection board meets at the Air Force Personnel Center this week to identify the next enlisted group to attend RPA

liberate approach to enhance ables the Air Force to meet the Air Force's Intelligence, mission requirements as the Surveillance and Reconnaissance mission.

AFPC has received complete application packages from 134 enlisted Airmen who are setting a historic precedent within the RPA commu-

NON-DENOMINATIONAL

ISR mission grows, while tapping into the talent of our skilled, diverse and innovative enlisted force," said Senior

Master Sgt. Holger Dunwald,

AFPC enlisted aircrew assign-

ments manager at

AFPC has played an inte-"Integrating enlisted pilots gral role in executing the new

pilot training as part of the de- into the RQ-4 community en- policies, running the selection today's fight," Dunwald said. board and executing the career management of the new enlisted RPA pilots.

> "The Air Force has an incredibly talented pool of enlisted Airmen, and we're confident that a rigorous selection process will yield excellent enlisted aircrew who will continue to provide combatant commanders with the ISR they need to win

The selection board mirrors that of the undergraduate flying training program as closely as possible and looks at each applicant's entire military person-

"This 'whole person' concept provides the measure of an applicant's aptitude for success in RPA pilot training," Dunwald

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For More

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www.vacavillefaith.org

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2700 Camrose Ave. Sacrament Services Sunday 0900 and 1300

Base Sacrament Services DGMC Chapel (1st Floor North entrance) Sunday 1600-1630

Inquires: Call LDS Military Relations Missionaries 707-535-6979

NON-DENOMINATIONAL



New Hope Christian Fellowship 4910 Allison Parkway, Vacaville Phone: 707-446-4051

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..... 8:45am & 10:30 am PreK to 6th grade at each service

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Youth Ministry.....Tues. 7:00 pm AWANA (Sept-May)...... Wed. 6:30pm Women of Hope.....Thurs. 6:30pm Men's Bible StudyThurs, 7:00pm Numerous Bible Studies call church office Office Hours: Tues-Fri 9am to 3pm Website: newhopevv.org

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Service Times Saturday: 6pm Sunday: 9am & 11am

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Church of Christ

9:30 AM

Sunday Morning Worship

10:30 AM

Sunday Evening Worship

6:00 PM

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6:30 pm Non-Denominational Meditation Time 7:00 pm Contemplative Prayer



Website: cumcfairfieldca.org

Worship Service 10:30 A.M. Sunday School for Children during the Worship Service

Communion is held the 1st Sunday of every month

Adult and Bell Choirs Adult Bible and Book Studies United Methodist Women

Sunday Morning Bible Studies at 9:00 A.M.



NON-DENOMINATIONAL



WEDNESDAYS 7:00 PM

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Pastor Ron Swisher

22 TAILWIND **JANUARY 19, 2018 JANUARY 19, 2018**

Forces

From Page 4

to the train, advise and assist mission. The goal of Coalition Airmen in the TAA mission is to develop an Iraqi Aviation Enterprise that will enable the Iragis' ability to safeguard their country from violent extremists. The Dec. 27 graduation of the first class of Iraqi C-130J senior maintainers, trained and certified by U.S. Airmen from the 770th Air Expeditionary Advisor Squadron, demonstrates this effort is producing desired re-

Thank to Operation Freedom's Sentinel & Resolute Support Mission – advising Afghan Air Forces and countering terrorism throughout December – U.S. and Afghan forces maintained pressure on the Taliban with the continued and deliberate campaign to target their reve- ed ground access. nue sources. Over the course of month, F-18s, B-52s, F-16s age facilities and stockpiles in tance Brigade in 2018.

Helmand province. Since November, the financial impact to the Taliban revenue is estimated at more than \$20M.

In addition to this deliberate campaign, U.S. and Afghan airpower continued to support ground forces with dynamic close air support. Weapon releases climbed 20 percent from the previous month as the Afghan National Defense and Security Force continued to maintain pressure on the Taliban into the In December, the AAF

began training with GBU-58s and GBU-12s, increasing their ability to effectively target their enemies with more precise weapons. Additionally, AAF personnel are undergoing training to conduct suspended or "sling-load" operations that enables expeditious retrieval or delivery of aircraft and equipment to and from austere areas with limit-

Looking ahead, air planners are actively preparing to and MQ-9s destroyed 11 more support the arrival of the U.S. narcotics processing and stor- Army Security Force Assis-





TRAVIS FITNESS CENTER

is open 6 a.m. to 8 p.m. Monday through Friday and 8 a.m. to 6 p.m. Saturday and Sunday.



Aircrew members from the 53rd Weather Reconnaissance Squadron "Hurricane Hunters" taxi a WC-130J Super Hercules aircraft to its parking spot on the runway Jan. 12 at Keesler Air Force Base, Miss., after a winter storm flight. In addition to their hurricane taskings, Hurricane Hunters fly winter storm missions to gather weather data used by forecasters in generating models for systems that could affect the East, West or the Gulf Coast of the United States.

Storms

From Page 9

'hour zero.'" said Dvke, referring to the starting point for the winter storm forecast models projected by meteorologists at the National Centers for Environmental Prediction, a division of the National Oceanographic and Atmospheric Administration. "So, that helps bring the model in line with reality so that it reduces the error as it goes forward."

While the NCEP collects

Hunters gather can help fill ricane missions, the NCEP acin key information gaps in the tually provides them with flight NCEP forecasting models.

don't really have a lot of data to work with for initializing or five to 12 hours depending on starting the model, those are the areas where we help supplement it with data," said Dyke, who mentioned this data can provide 20 to 25 percent improvement in forecasting accuracy.

Dyke noted some of the main differences between the winter storm and hurrisome of its forecasting data—cane hunting missions. While

from buoys in the water and the National Hurricane Cenweather satellites in orbit, Dyke ter provides the Hurricane Leon Clayton Investment Services Education Accounts • Business Retirement Accounts Financial Counseling • Insurance • Stocks / Bonds 401K / IRA rollovers • Annuities • Mutual Funds Leon Clayton Financial Consultant Securities offered through Questar Capital Corporation., Member FINRA/SIPC. Leon Clayt Investment Services, Inc., is independent of

said the data the Hurricane Hunters with taskings for hurpaths, called synoptic tracks. "For those areas where you for the winter storm missions, which can last anywhere from the storm's location and number of drop points for the drop-

> "Also unlike hurricane missions, which take 53rd WRS aircrews into and through the storms, winter storm missions have the Hurricane Hunters fly ahead of storm systems, releasing dropsondes anywhere from 27,000 to 32,000 feet to gather a vertical profile of data for NCEP forecasters to use in their weather models." said Maj. Brad Roundtree, 53rd WRS pilot. "Hurricane flights, however, normally occur no more than 10,000 feet above sea level. We actually try to fly as low as possible and straight through the storm (for hurricane missions) to pinpoint the center of circulation and gather all the data for forecasting the speed and movement of the storm, whereas for a winter storm we fly as high as possible and try to get out in front of it to take measurements of the atmosphere that it's actually going to be moving through.

Manage

From Page 4

individual goes into their deployment with the expectation of things being the same for themselves or those involved back home, they are likely going to experience increased stress and difficulties both on the deployment as well as on the homefront."

Communication is also essential to minimizing stress before, during and after a deployment. Mayzner suggested having homecoming and reintegration plans in place and then communicating those plans with friends and family members before returning from deployment.

"When individuals wait until after they return to start having these conversations, there are often conflicts that emerge from unrealistic expectations from both the person deployed and the people at home," she said. "If things are discussed during the deployment and in advance of returning home, this has significant impact on reducing stress experienced by all."

Mayzner also said it's important for Airmen and family members to give themselves time to adjust. This includes adjusting to the new environment and routine during a deployment and the resumption of roles or re-establishing routines once back home.

"Both vourself and those back home establish new routines and habits during deployments, and it helps if you allow vourself and others some time to re-establish things and work together on the process of deciding the new normal," she said. "Often, people feel they need a significant amount of time to set aside for stress management techniques, but it can be done in as little as a few minutes."

Also, she said Airmen often report their means of handling stress in terms of future events, such as vacations or future time with family, and neglect to practice anything in the meantime.

"I compare stress management to brushing your teeth," Mayzner said. "It is something you need to do daily, and hopefully more than once per day. It does not take long, but the benefits are well worth it."

A few techniques she sug-

for a run or walk, creating art, features include customizable journaling, practicing yoga, blowing bubbles with kids. laughing, talking to a friend, lisstress, graphing to track effectening to or playing music, taking a bath or anything that a pertiveness and audio narration.

> veloped for people who may be experiencing emotional distress and for those wanting to maintain healthy coping practices. The app can be used on its own by those who would like mindfulness tools, or to augment face-to-face care with a health care professional. However, it's not intended to replace psychotherapy or other treatment for those who need it. Some features include walkthroughs for nine forms of mindfulness meditation, a session log for tracking mindfulness practice and educational materials about the benefits of mindfulness.

Mindfulness Coach was de-

LifeArmor features information on 17 topics including sleep, depression, relationship issues and post-traumatic stress. Brief self-assessments help the user measure and track their symptoms, and tools are available to assist with managing specific problems. Videos relevant to each topic provide personal stories from other service members, veterans and military fam-

ilv members. Parenting2Go was developed by the National Center for Telehealth and Technology and the Veterans Affairs Office of Mental Health Services as part of the Department of Defense/VA Integrated Mental Health Strategy. Parenting2Go and the companion online course, Parenting for Service Members and Veterans, provides tools to help parents reconnect with their families after a deployment and build closer relationships with their children.

T2 Mood Tracker allows users to monitor and track emotional health and was originally developed as a tool for service members to easily record and review their behavior changes, particularly after combat deployments. Virtual Hope Box supports

behavioral health in service members and military families and was designed for use by patients and their behavioral health providers as an accessory to treatment. The VHB contains simple tools to help patients with eos to deliver an immersive ex- coping, relaxation, distraction

Pence

From Page 10

that will give every one of you a better chance to defeat the enemy and come home, again.

"In the 1950s, it was the F-86 (Sabre) that gave us a 14-1 kill ratio over Korea," Wilson continued. "Today, it's the F-35 (Lightning II) with space and cyber and unmanned [aerial] vehicles ready - ready to take the fight to the enemy."

As the late afternoon crept onto the flightline, Pence and the crowd of men and women in uniform turned their eyes to the sky to see two F-22 Raptor and two F-35 fighter jets thunder overhead. Following the fifth-generation flyover, Pence turned toward his audience to express his gratitude for a vast history of air superiority.

"This base is essential to America's national security, but you already know that," said Pence. "For more than 75 years, in these halls and on these runways and in the vast expanse above us, our nation's Airmen have prepared to fly and fight for freedom - and fight they have. Nearly 60,000 gunners trained here before they took wing in the Second World War."

TAILWIND 23

The vice president also lauded the U.S. Air Force Warfare Center for its rigorous and realistic training via the U.S. Air Force Weapons School and Nevada Test and Training Range.

"To this day, Nellis trains the best combat aviators in the world," Pence said. "As we speak. I know nearly 600 of your members are in the skies and in the fight and we think of them this hour.

"As all of you know, yearround, through the Air Force Warfare Center, this base is laser-focused on testing, tactics and training," he continued. "From the Weapons School, where the best train with our most lethal technology to exercise Red Flag, which gives our pilots a realistic combat experience, to the NTTR unlike any training complex in the world."

As the sun set on the desert horizon, the vice president made his way through the crowd, shaking hands and snapping photos with the Airmen.





backgrounds and music, immersive tutorial videos, a body scanner to display the effects of

son finds relaxing.

"It is important to take time out each day for some relaxation and quiet time for your mind," Mayzner said. "It will have substantial impacts on you as even 10 to 15 minutes per day can help to rejuvenate and recharge vour batteries."

Mayzner also said that on a recent survey she distributed to the 403rd Wing the top three stressors reported were work, finances and weight/physical shape, and the top three means of handling stress were talking to friends, going to the gym or running, and talking to a significant other.

Patricia Jackson, 403rd Wing Airman and Family Readiness Center director, said it's important to manage stress because when left unmanaged, stress can become detrimental to one's body and mind.

"Stress can get the better part of a person when it becomes a problem," Jackson said, "Remember, we cannot eliminate stress in our life, but what we can do is manage it."

Techniques Jackson suggests for managing stress are eating a healthy diet, getting adequate sleep, exercising, meditation, setting aside leisure time to recharge, talking through problems with a counselor, avoiding large intakes of caffeine and sugar, and prioritizing what's most important.

The Airman and Family Readiness Center serves as a hub for resources that can help reservists, guardsmen, active duty and their families to manage stress. They offer workshops periodically and can also connect Airmen and families with resources like the Military and Family Life Counselor program. Troop and Family Counseling Service, Mental Health Clinic, American Red Cross and Military OneSource.

There are also several phone applications that were developed to help people cope with stress:

Breathe2Relax utilizes hands-on diaphragmatic breathing exercises. It uses graphics, animation, narration and vidgests are deep breathing, going perience for the user. Some and positive thinking.

24 TAILWIND **JANUARY 19, 2018 JANUARY 19, 2018** TAILWIND 25



U.S. Air Force photo/Airman 1st Class Christian Conrad

Lt. Col. Claudio Covacci, left, **60th Maintenance Squadron** commander, Michelle Marinucci, center, daughter of late Chief Master Sgt. George R. Tucker, and Sgt. Maj. James Marinucci, grandson of late Chief Master Sgt. George R. Tucker, stand with a placard the 60th MXS presented to Tucker's family Jan, 12 at Travis Air Force Base, Calif.

Room

From Page 3

through a complete renovation for the rededication and now includes Military Airlift Wing memorabilia, career pictures of Tucker and his family, three TVs and a kitchen with a customized food and beverage bar; exclusively for the aircraft maintainers of the 60th MXS.

Also in attendance during the rededication ceremony was Chief Master Sgt. (ret.) James "Andy" Anderson who, 53 years ago, arrived at Travis AFB with

"It was an easy enough thing to admire the guy," said Anderson. "I remember one day asking another Airman if there

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was anything George did not know about or if there was anything that he was not involved in. The Airman replied 'George knows all and can handle any task thrown at him.' In essence, he said that when God said 'let there be light,' it was George who flipped the switch. He was a man whose integrity was flawless, and he's a man with who my association with I will always be thankful for."

More so than the 60th MXS itself, it's Travis AFB as a whole that his family and friends feel to be his legacy. Of all the programs, committees, initiatives and advancements Tucker was instrumental in, it was the effect he had on the Airmen on base and on the

Travis culture that is, in some

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"I hope that Team **Travis takes** with them the importance of our enlisted heritage."

- Master Sgt. Dominic R. Durgin Rodriguez

ways, more tangible.

"Simply riding around on base or even around Fairfield, there is so much of my father there," said Michelle Marinucci, Tucker's daughter. "It's been 12 years since he's passed away, but being here and knowing that much of this was thanks to him – realizing that the look these Airmen give me when they shake my hand is the same Airman to reach the top."

look I'd see on my father when he'd shake someone's hand makes me feel as though he hasn't truly left. Not while there are Airmen here who embody his spirit and his vision of this squadron."

For Durgin Rodriguez, though, the rededication is meant not only as a way of memorializing Tucker, but also as a way to inspire more enlisted Airmen to reach the heights

"I hope that Team Travis takes with them the importance of our enlisted heritage," said Durgin Rodriguez. "I am a firm believer that by honoring this amazing chief, it will reassure the importance of the stripes and inspire even the most junior

Change

From Page 14

health care," said Proellochs. about our healthcare system. The 'patient-first' concept of lege to have had their support," Trusted Care is not just lip ser- said Proellochs. "This whole vice. It really hit home for me that it is the responsibility of all of us who work in the AFMS to create an environment where our patients trust the care they are receiving.

"This experience as a patient has been eve-opening. I believe this will make me a better MSC officer."

Her next step toward recovery is to keep building up her strength through physical therapy, leave the handrails of the treadmill behind, and walking unassisted with her new prosthesis. Proellochs jokes that she has started a new "leg" of her and resilient attitude.

journey; those who know her would tell you that this is just another example of her amazing attitude and resiliency.

"I have met some inspiring "As a patient I learned so much people throughout this entire journey, and it has been a priviexperience has been incredibly enriching and I feel that I am in good hands as I work to get healthy again."

The cancer diagnosis and subsequent amputation has never chipped away at her determination. With every obstacle she faces and works to overcome, she is humbled by the support from her family, her team at Walter Reed, and the Air Force. While she has a great deal of work ahead of her, she tackles every challenge head-on, and all with that same ear-to-ear smile

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Prize

From Page 12

said Willman. "So you can have your central master server and when you make changes on that it propagates to the releases a new standard desktop configuration then they can publish it on the master, it will replicate to all the other serv- tocurrency, such as bitcoin, and ers."

installation time by approximately 17 percent and increased the number of computers upgraded at a time from 8

"The only reason it's 45 is because the shop that runs the program is constrained by rest of them. So if the Air Force power requirements," Willman

Willman plans to invest his USAFE prize money into crypwill do the same if he wins at the Willman's plan decreases headquarters Air Force level.

AFWERX

From Page 11

becomes obsolete, Lauver said. "It's a higher risk not to act

than to act," Lauver said. "If we don't begin executing on the innovation conversation then we are going to fall behind on a global scale."

AFWERX is the first step in furthering that conversawill serve as an innovation hub to bring tools and resources together in physical, open, "first

stop" public access points. The goal of the program is to create a mutually-beneficial partnership with innovators and entrepreneurs to generate technology at an accelerated rate, Air Force leadership said. "When people's lives are on

the line, and time is of the essence, you have to be willing to take those smart risks to solve problems quickly," Lauver said. "Right now, there is an appetion. Each AFWERX facility tite to try new things and implement new technologies and new solutions to make us better on the battlefield."

ELRS

From Page 11

verify it is in operational condirequirements.

guires attention to detail, which

demands consistent motivation from its Airmen.

All Airmen are required to complete a hazmat course certifying them to inspect hazardtion and meets all U.S. customs ous materials and make sure they are packaged and annotat-Erlich said special handling ed properly to ensure the item operates at a high pace and re- can be transported safely to its final destination.

Elftmann

From Page 2

progress reports.

This time was very stressful for me and sleep became something that didn't exist as we continued to push every day. I was definitely out of my comfort zone, I felt exhausted and close to failure. In the end, our project was complete within 2 hours of the inbound battalion's arrival.

I am sure you all are asking yourself, "What is the point of your short story, Chief?" Well, my point is knowing the signs of stress in that situation and realizing that not all stress is bad. Many leaders apply stress at the right time and in the right amount to get more out of their workforce. If leadership

induced stress is used wisely, we can do more than we thought was possible, and let's be honest, sometimes we need someone to continue to use stressors as a way of pushing ourselves to new heights. When leaders apply stress appropriately, it allows individuals to reach what is called the halo of excellence.

As we embark on 2018, I am almost certain stress will be added to the daily workload for a significant number of Airmen at Travis Air Force Base, California. I hope when you're stressed and you wonder why the stress is mounting, you will understand your leadership is not challenging you because they have nothing better to do. I hope you understand they are trying to get the most out of their people.

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Identifier

From Page 6

continue innovation and leadership in its military mission. The council also helps to position California to maintain and grow military operations in the state, providing insight and recommendations to state leaders who are developing a strategy to support and grow military operations in the Golden State. As federal leaders consid-

er cuts and realignment of federal military operations, the council articulates the unique military value of California's diverse network of installations and the businesses that support them. The council supports the efforts of local and regional

organizations to improve partnerships with military installations in their communities.

During the 2nd Annual All California Defense Summit in August 2017, members seized the opportunity to underscore the importance of the issue to the quality of life of service members. They relayed to Brown's staff the unique challenges military connected students face, the necessity for data to craft effective support systems for academic success and the need for change in state pol-

In December 2017, the California Department of Education informed schools that it received permission from Brown's office to begin identifying military connected students. Schools that are already

collecting whether the parent or guardian of a student is a member of the Armed Forces on active duty or is full-time National Guard should submit the data to CALPADS. The data, submitted as part of a school's 2017-2018 end-of-vear data submission. will be used to meet the ESSA reporting requirements. For the remainder of schools, the data will be included in the 2018-2019 school year report.

During this transition, council staff will continue to monitor the issue and engage with education stakeholders to solicit feedback on the data collection and its appropriate use in the service of students.

If there are any questions, contact the California Governor's Military Council at 916-327-0157.





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From Page 9

the executive tier of the organization has an understanding that cloud migration is not just a technical exercise," he said. "There are many organizational dynamics, budgets and how you process requirements. (Cloud migration) touches every part of the AMC enterprise."

The event was also a chance for senior leaders to work together with an industry partner in learning different companies' best practices and lessons learned during completed migrations. This event was geared toward aiding AMC leaders in building the best strategies for their organization, according to Elizabeth Boudreau. Amazon Web Service's Cloud Executive Ad-

"The reason why we use an industry case study when we come for these events is so that we are making people think beyond their day-to-day to what other organizations are doing for their best practices," she added.

While the event didn't focus on the technological aspects of the cloud, it did open up a dialogue between different functional areas, offering the opportunity for leaders to gain more diverse perspectives on

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Staff Sgt. Jason Greca, 375th Communications Squadron Client Support Technician, creates a hand receipt for computer equipment being dropped off for repair.

may have on mission success.

"After attending this event.

I now have a better understanding of how the change will be implemented and what are some of the issues that may crop up along the way," said Ellery Wallwork, AMC historian. "Often we see such a change as the responsibility of a specific functional expert, but while that functional expert may be the lead for the physical change, each functional area will have to facilitate the cultural and functional change as it relates to the new environment."

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the impact cloud migration that everyone who participated in the event, regardless of their functional area, is better prepared to implement the changes needed to ensure successful cloud migration.

> "It's easy to put blinders on and just see our own small piece of the mission," he said. "AMC's success depends on all of us, including industry partners, completing our parts. In addition to our industry partners being in a good position to assist our current mission success, they are also involved in many innovations, such as cloud technology, which can improve our ef-

Wallwork added he feels ficiency and effectiveness." **Solano County's Largest**

An increase in activity often sion happens."

self and personal relationships, Wright introduced what he called the "2-10-5-7 philos-The philosophy is a way to

focusing on the mission, one's

structure time: two hours of personal time in the morning. 10 hours for work, five to family and other personal relationships, and the remaining seven to sleep.

He emphasized the five hours to family should be "uplugged," referring to smartphones and social media. He admitted the five hours unplugged was his greatest struggle in trying to follow the regiment. "I won't say I've been successful, but I've made a conscious effort to maintain To find that balance between more balance."

Brisk

Resilience

left behind are the ones who

have to pick up the slack," he

Finding the correct work-

life balance, the chief said, is

key to building better resil-

able to give you as much time

back as possible," he said. "I

want you to be able to focus on

the mission. I want you to be

able to take care of each oth-

er and take care of yourselves.

And I want you to be able spend

time with your family. Family

time is very important.

"A big goal of mine is to be

From Page 12

ience.

From Page 13

were several other options available to the pilot, he chose to land at Sheppard AFB because of the support structure

"That's one of those things where it's important for us to see, as those agencies, that these guvs trust our ability to do our mission here and know that we're going to sup-Troxel said.

Turner said the Wichita Falls Regional Airport serves potential for growth.

added," he said. "When we can

means an increase in the hours demanded from 80th Flying Training Wing instructor pilots and support functions put in to keep the flying mission going. While leadership does their best to mitigate the longer hours. Turner said Airmen in the 80th OSS continue to rise to support the wing's mission requirements.

Another group of people who assist in getting the job done comes from 82nd Training Wing mission partners such as port them when (they) need it," security forces, civil engineers. medical and more.

"Because the infrastructure itself belongs to the 82nd (FTW), as a transportation hub with a we're really here borrowing it as a tenant unit," Troxel said. "That "It's easy to see the value scope broadens very quickly when you talk to the number of support them, it makes our city people who are actually involved a better place to live. And when on a daily basis because you they support us, it empowers have security forces out here, us to be able to do more. It's a you have a CE contractor out great partnership that we real- here, and multiple other agenly have both ways between the cies that are working day in and civil side and the military side." day out (to) make sure this mis-

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30 TAILWIND **JANUARY 19, 2018 JANUARY 19, 2018** Parting Shots TAILWIND 31



A multi-purpose canine handler with U.S. Marine Corps Forces, Special Operations Command, controls a laceration on a realistic canine mannequin during MPC medical training Dec. 1, 2017, at Stone Bay on Marine Corps Base Camp Leieune, N.C.

Robot dog

From Page 13

the wide range of scenarios available through its realistic reactions to injuries and treat-

The development of this new "robot dog" came from SO-COM's desire to improve the current medical training capabilities of MPC handlers. Currently, the special operations forces community uses stuffed dogs, called critical-care jerry dogs, to train and refine medical techniques and procedures.

The static nature of the jerry dogs limit the instructors' ability to evaluate MPC handlers' and medical team members' capabilities to properly perform medical aid on canines. The service members also heavily rely on force veterinarians to provide scenarios and injury descriptions, which limits training opportunities to garrison training environveterinarians in a deployed environment.

line of aid for their dogs when deployed, secondary to special amphibious reconnaissance corpsmen," said a MARSOC East force veterinarian. "They are the first responders, so they need to know how to treat any injury that happens on the battlefield."

SOCOM's desire to provide better training and increased capabilities to deploying teams, kick-started the development of this new "robot dog." The prototype is designed to look like a Belgian Malinois, one of the commonly used breeds in the military canine force. All of the joints on the mannequin move like a real dog's, unlike a jerry dog where there is no movement. Limbs can also be changed out to simulate different injuries depending on the training scenario's objectives.

Some possible injuries include lacerations on paws and legs, as well as fractures. Supervising veterinarians can have injuries release simuments due to unavailability of lated blood, change respiration or pulse rate and quality, as well as have the mannequin "Our handlers are the first produce barking or whining juries. When proper medical it's available for full use."

noises, all of which improve the aid is administered, handlers realism of the training.

MPC handlers must rely on their own knowledge and senses to determine what injuries are present. Handlers must go for a more thorough and adthrough a step-by-step process to determine how to best administer aid to their canines in order to stabilize them and get them to a veterinarian.

"(Having this capability during training) helps you not second guess yourself when deployed," said a MARSOC MPC handler. "You're able to realize that you've used these steps before in training, and they worked in training, so they will work when needed. As long as you continue with the steps and do everything properly, you'll be successful and save your

With the additional capabilities provided from the prototype, handlers can practice a wider range of scenarios including performing a tracheotomy or intubation, full CPR with reactive responses, administer IVs, and practice force veterinarian. "We're recounteracting evisceration in- ally looking forward to when

can see vitals stabilize in moments and verify they are applying aid properly. All of these training advancements allow vanced training for handlers to help aid their furry partners on the battlefield.

"[The training] helps familiarize us with the process and builds self-confidence that will prove useful on the battlefield," said a MARSOC MPC handler. "When it comes to needing it on the battlefield, having that muscle memory is important when you're in the middle of the action."

Production for this new prototype is planned to start in March 2018, after feedback from the final training iterations has been reviewed. Once fielded, the training device will be made available across the military canine force, potentially as early as April 2018.

"It's a phenomenal (training tool)," said a MARSOC East

Virtual reality

From Page 6

was to fly a basic sortie around Columbus AFB and land safely.

During the baseline simulation flight, participants were given 10 minutes to read instructions of the pattern they would be flying and how to operate the aircraft. For their virtual training sessions the subjects were given three learning environments, providing less optical and auditory cues as they progressed to help them learn their task.

Following their training sessions, the subjects flew a final flight in the T-6 Texan II flight simulator to determine if there was any improvement through the virtual reality training.

"The data we are gathering can hopefully help us start to determine the key factors of what makes individuals succeed or perform better." Elmore said. "Now this won't be an end all be all, but it's good to be on the leading edge of this and start the conversation."

Because there is a lot of data being gathered, there are multiple groups attached to this proiect. Only a handful of individuals traveled to Columbus AFB to set up and conduct the study, each of them with a specific skill and portion of the study to control.

"There's a lot of use cases with our technology that the Air Force was trying to do, like being able to actually measure the activity of the brain as a student was learning to fly," said David Zakariaie, Senseye chief exec-

The Senseye team members are primarily setting up the gear, running the VR programs, and collecting the data from where, when and how the subiect's eves are moving throughout their sorties.

"We're focusing on pilots now, but everything that we are doing here today, could be applied to almost any (Air Force specialty code)," said Zakariaie. Along with the tracking

of eve movement, another set of data that will be collected; the heart and respiratory patterns will be tracked throughout the study to see if any connection can be made to patterns of success or failure during subject's flights.

1) Col. John Klein, 60th Air **Mobility Wing** commander. learns how to lube the gears on a C-17 Globemaster III from **Senior Airman** Javimeleshe Cruz Figueroa, 860th Aircraft Maintenance Squadron, Jan. 12 at Travis Air Force Base, Calif. Klein was participating with the Airmen as part of the wing

Leadership

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Airmen take spotlight with ...

U.S. Air Force photos by Louis Briscese

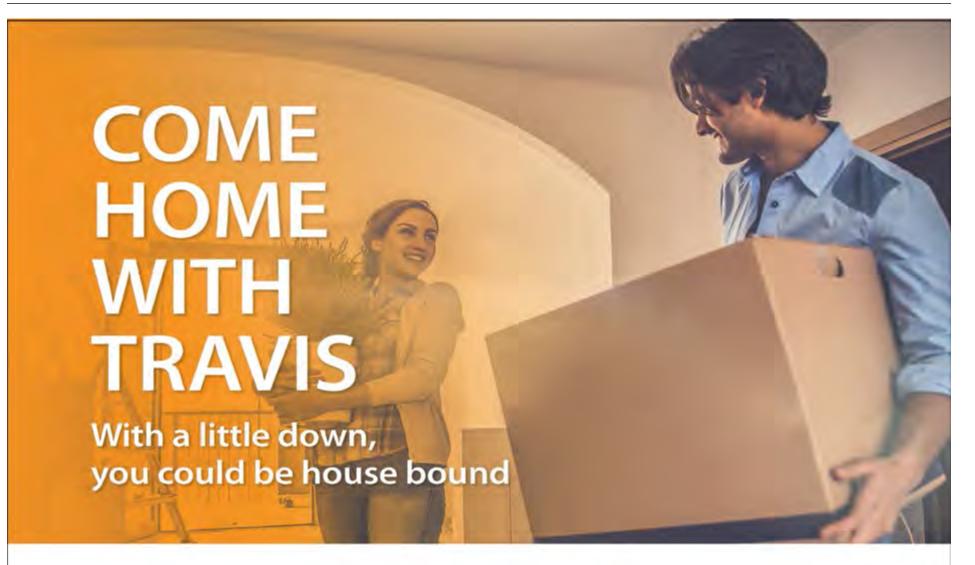






2) Col. John Klein, 60th Air Mobility Wing commander, learns how to lube the gears on a C-17 Globemaster III from Senior Airman Javimeleshe Cruz Figueroa, 860th Aircraft Maintenance Squadron, Jan. 12 at Travis Air Force Base, Calif, Klein was participating with the Airmen as part of the wing Leadership Rounds initiative, where he and the command chief spend time in different units. 3) Chief Master Sgt. Steve Nichols, right, 60th Air Mobility Wing command chief, learns how to lube the gears on a C-17 from Airman 1st Class Jeremiah Lamb, 860th AMXS, Jan. 12 at Travis. 4) Nichols, right, learns how to lube the gears on a C-17 from Senior Airman Isaiah Arn, 860th AMXS.

32 TAILWIND JANUARY 19, 2018



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